



KICKBOXING LUCKNOW & DISTRICT SPORTS COMPLEX

For those looking for a more intense challenge, or to hone their striking skills, Dawg Jiu Jitsu and MMA offers kickboxing classes. This is a great class for everyone looking to get in shape, learn self-defense, compete or just have some fun. Our unconventional training style has been repeatedly proven to be highly successful in competition, and our welcoming, friendly environment is a great place for beginners and advances practitioners to train and grow together.



**FRIDAY EVENINGS
10 WEEKS
NOV 15, 22, 29
DEC 6, 13, 20
JAN 3, 10, 17, 24**

**7:00 – 7:45 P.M.
AGES 7-10**

**7:45 – 8:45 P.M.
AGES 11 & OVER
(ADULTS INCLUDED)**

**Registration Fee - \$125
Drop In Fee/Class - \$15**

**REGISTRATION NIGHT
FRIDAY, NOV 8TH
7:00 – 8:00 P.M.**

**LUCKNOW & DISTRICT
SPORTS COMPLEX
662 CAMPBELL STREET
LUCKNOW, ON N0G 2H0**

**DAWG JIU-JITSU,
KICKBOXING &
M.M.A.**

**PROFESSOR
MIKE WEICHERT**

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