

LUCKNOW POOL ADMISSION STANDARDS POLICY

AGES 0 - 6

- Children the age of six (6) years and under may not be admitted to the swimming pool unless they are accompanied by a parent or guardian (at least 12 years of age or older). The parent or guardian will be responsible for their direct supervision at all times, regardless of their swimming ability.
- One (1) parent or guardian is required for every two (2) children (1:2).

AGES 7 – 9

- Children the age of seven (7), eight (8), and nine (9) years who are non-swimmers, and cannot successfully complete and the <u>facility swim test</u> must be accompanied by a parent or guardian (at least 12 years of age or older). The parent or guardian will be responsible for their direct supervision at all times, regardless of their swimming ability.
- Children the age of seven (7), eight (8), and nine (9) who are able to demonstrate comfort in the water, and successfully complete the **facility swim test** may swim independently of their parent or guardian.
- One (1) parent or guardian may supervise up to five (5) children wearing lifejackets (1:5).

<u>AGES 10 +</u>

- Children the age of ten (10) years and older who are able to demonstrate comfort in the water may be admitted to the swimming pool unaccompanied by a parent or guardian.
- Swimming with a buddy is strongly recommended.
- ❖ Parents, Guardians, or Group Leaders are responsible for the children in their care and must directly supervise the children at all time. Swimmers must stay within arm's reach of their guardian.
- ❖ Guardians or Group Leaders must be at least twelve (12) years of age.

FACILITY SWIM TEST

To successfully complete and pass the facility swim test, individuals must:

- Swim on their front for one length of the pool successfully with his/her face in the water.
- Must be a recognizable swimming stroke.
- Swimmers must maintain a regular, comfortable breathing pattern and must not stop during the entire distance.
- Tread the water for a minimum of 30 seconds.