



PICKLEBALL CLINIC

MONDAY, APRIL 8

6:00 – 7:30 PM

WHAT IS PICKLEBALL?

Pickleball is a racquet sport which combines elements of badminton, tennis, and table tennis. The sport is played on a court with the same dimensions as a doubles badminton court. The net is similar to a tennis net, but is mounted two inches lower. The game is played with a hard paddle and a polymer wiffle ball.



Kin Canada
Lucknow & District
Kinsmen Club

**PICKLEBALL CLINIC.
\$2/PERSON.**

**RACQUETS AND BALLS
WILL BE PROVIDED.**

**CLINIC WILL INCLUDE
TRAINING ON BASIC
RULES, HOW TO
PROPERLY HOLD THE
RACQUET, HOW TO
PLAY THE GAME AND
HOW TO SCORE,
BASIC TECHNIQUES,
STRATEGY, AND
COURT POSITIONING.**

**COME ON OUT FOR A
FUN INTRODUCTION
CLINIC AND GIVE
PICKLEBALL A TRY.**

**LUCKNOW & DISTRICT
SPORTS COMPLEX**

662 CAMPBELL STREET
LUCKNOW, ON N0G 2H0
519.528.3002
lucrec@hurontel.on.ca

CLINIC WILL BE HELD
ON THE ARENA FLOOR