

2018 Lucknow Pool Schedule

	MON	TUES	WED	THU	FRI	SAT	SUN
8:30 AM	Lessons 8:30 - 11:00	Lessons 8:30 - 11:00	Lessons 8:30 - 11:00	Lessons 8:30 - 11:00	Lessons 8:30 - 11:00		
11:00 AM	Aqua Fit 11:00 - 12:00	Aqua Fit 11:00 - 12:00	Aqua Fit 11:00 - 12:00	Aqua Fit 11:00 - 12:00	Aqua Fit 11:00 - 12:00		
12:00 PM	Pool Maintenance / Staff Break 12:00 - 1:00						
1:00 PM	Public Swim 1:00 - 4:00	Public Swim (Toonie Tuesday - \$2 Admission) 1:00 - 4:00	Public Swim 1:00 - 4:00	Public Swim 1:00 - 4:00	Public Swim 1:00 - 4:00	Public Swim 1:00 - 4:00	Public Swim 1:00 - 4:00
4:00 PM	Adult/Tot & Lane Swim 4:00 - 5:00	Water Games 4:00 - 5:00	Adult/Tot & Lane Swim 4:00 - 5:00	Water Games 4:00 - 5:00	Adult/Tot & Lane Swim 4:00 - 5:00		Water Games 4:00 - 5:00
5:00 PM	Private Lessons Available 5:00 - 6:00	Private Lessons Available 5:00 - 6:00	Private Lessons Available 5:00 - 6:00	Private Lessons Available 5:00 - 6:00	Private Lessons Available 5:00 - 6:00		Public Swim 5:00 - 7:00
6:00 PM	Public Swim 6:00 - 7:30	Lane Swim 6:00 - 7:00	Public Swim 6:00 - 8:00	Public Swim 6:00 - 8:00	Public Swim 6:00 - 8:00		
7:00 PM		Public Swim 7:00 - 9:00					
7:30 PM	Aqua Fit 7:30 - 8:30						
8:00 PM			Aqua Fit 8:00 - 9:00	Advanced Aqua Fit 8:00 - 9:00			

** Schedule Starts on July 3rd.